gia foods

GIA OILS & MORE



From daily cooking staples to flavours drawn from kitchens around the world, Gia Foods brings together a diverse selection of sauces, oils, and ghee. Carefully sourced for quality and authentic taste, each product is made to bring more flavour to every recipe.

https://giafoods.com/

SUN EMPIRE SUNFLOWER OIL

A pure, fine-quality cooking oil designed to deliver a neutral taste profile, perfect for deep frying, light sautéing, and daily culinary uses.

NET VOLUME: 1L





BONLIFE SUNFLOWER OIL

A light, cholesterol-free kitchen staple refined for purity, ideal for seamless everyday pan-frying, baking, and smooth dressings.

NET VOLUME: 5L

GIA AVOCADO OIL

An expeller-pressed, high-heat powerhouse (500°F / 260°C) offering a smooth, subtle taste tailored for searing, roasting, and multi-purpose cooking.

NET VOLUME: 1000ML



GIA NATURALS CLARIFIED BUTTER

An extra-large supply of premium ghee, loaded with butyric acid, essential Omega-3s, and Vitamin A for nutrient-dense bulk cooking.

NET WEIGHT: 1.6 KG





GIA NATURALS CLARIFIED BUTTER

A mid-sized kitchen essential delivering vital minerals like magnesium and calcium along with natural probiotics for everyday wellness.

NET WEIGHT: 800G

GIA NATURALS CLARIFIED BUTTER

A compact jar of rich, low-lactose clarified butter packed with butyric acid and key vitamins to elevate quick, everyday meals.

NET WEIGHT: 400G



GIA VEGETABLE GHEE

A 100% plant-based alternative that delivers a rich, traditional buttery aroma and high-heat stability without any dairy.

NET VOLUME: 1L





ANGEL SIRACHA SAUCE

A bold and spicy sauce with a tangy chilli kick, perfect for adding extra heat and flavour to noodles, rice, wraps, dips, and more.

NET VOLUME: 740ML

ANGEL SIRACHA MAYO SAUCE

A creamy blend of smooth mayo and spicy sriracha, bringing the perfect balance of richness, heat, and tangy flavour to wraps, burgers, fries, and more.

NET VOLUME: 740ML



GIA NATURALS GARLIC PASTE



Rich and savoury with the familiar flavour of garlic, this ready-to-use paste makes it easy to add depth to sauces, curries, marinades and everyday meals.

NET WEIGHT: 250G



GIA NATURALS GINGER PASTE

A convenient kitchen staple made to bring the warm, aromatic flavour of ginger to your everyday cooking. Perfect for curries, marinades, stir-fries and more.

NET WEIGHT: 250G